

**Child and Family Counselling Association (CAFCA)
Katherine Paxton Seminar Series 2010**
with Katherine Paxton, MC CCC

This series provides a comprehensive understanding of the differences in the physiology and thinking found in people who have an Autism Spectrum Disorder (ASD). This also explains practical applications of this understanding and how to use them when working with or supporting someone with an autism spectrum disorder.

Seminar 1:

It's Not the Way YOU Think: Autism Spectrum Disorder Thinking

7:00 to 9:00 p.m., Part 1 Wednesday, January 20 & Part 2 Wednesday, February 3, 2010

Part 1 (Jan. 20): Learning about the ASD “operating system” provides the understanding of the brain differences found in ASD and the implications of these differences.

Part 2 (Feb. 3): Working with the ASD “operating system” (aka What do we do NOW with what we know?) takes the understanding to the next level by providing the strategies and tools that are effective in supporting and teaching people who have an autism spectrum disorder.

Seminar 2:

Stinkin' Thinkin' & Poisonous Perceptions: Working with Troublesome Thought Distortions and Social Misperceptions found in ASD

7:00 to 9:00 p.m., Part 1 Wednesday, February 17 & Part 2 Wednesday, March 3, 2010

This two-part seminar explores the common “thinking mistakes” that people who have an autism spectrum disorder can make, and how to work to change these unhelpful thoughts. Although the strategies will focus on children and adults who have an autism spectrum disorder, these tools, with minor alterations, can be used with all people effectively.

Seminars are to be held at:

University of Victoria, Human and Social Development Building, Room A240 (*see map attached or on UVic's website: <http://www.uvic.ca/students/undergraduate/explore/maps/>*)

Katherine Paxton is a well-known local speaker and expert on autism spectrum disorders and developmental disabilities. She has been supporting people with special needs in diverse roles, from front-line and consulting to counselling, for over 25 years. Katherine is a Canadian Certified Counsellor in private practice specializing in special needs, and author of *Counselling people on the autism spectrum: A practical manual*.

Co-sponsors:

University of Victoria School of Child and Youth Care

and the

Greater Victoria Child and Family Counselling Association (CAFCA)



