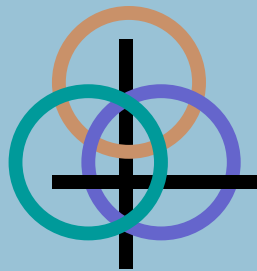


Child and Family Counselling Association (CAFCA )

# CAFCA Colander

*"Colander - A device that separates meal from the extraneous"*



MARCH 2011

**Our Board of Directors:**

Andrew Morgan, President  
April Agate, Vice President  
Harry Brown, Treasurer  
Kira Reynolds, Secretary  
Marc Storms  
Minnie Clark  
Bob Nye  
Rachel Phillips  
Ben Temple  
Caroline Moore  
Beth Leghorn, Staff Rep

**On the Ball**

**(Executive Director):**

Brian Hill

**Money Minder:**

Daniel Moses

**Financial Wizard:**

Libbi Smith

**The Real Boss:**

Elaine van Niekerk

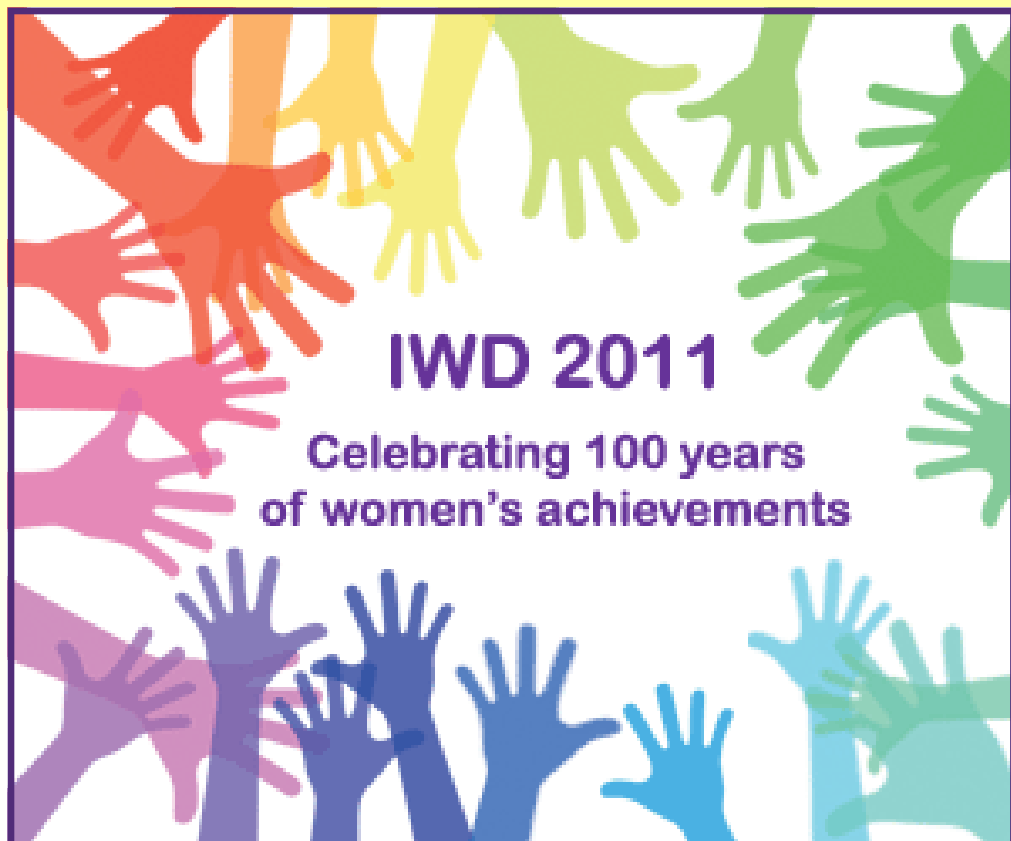
**The Newbie:**

Jessica Vivian

**Union Stewards:**

Gerry Karagianis  
Elaine Vincent  
David Fulkco

**Celebrate**  
**International Women's Day**  
**on March 8, 2011**



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## Board Committee Meetings

March 8	1:00 to 3:00 pm	Labour and Safety Meeting
March 21	5:00 to 6:30 pm	Executive Finance Meeting

## New CAFCA Staff Board Representative Needed

There is an opening for a new Staff Representative (Staff Rep) on the Board of Directors. Staff Reps are required to attend a board meeting every second month and participate on one of the board's subcommittees.

The purpose of the Staff Rep is to ensure that the board is privy to input from staff doing work directly with people the agency serves. Staff representatives on the board participate as any other board member in the activities of the board. Potential conflict of interest will be addressed through the procedures outlined in CAFCA's Conflict of Interest policy. Topics that would involve conflict of interest for staff representatives on the board include, but are not limited to, staff remuneration and confidential personnel issues.

**If you are interested in the position please contact administration or Brian Hill.**

## Autism, CYSN & Casual Staff Meetings

<u>Date</u>	<u>Time</u>	<u>Location</u>
Mar 8	6:30 - 8:30pm	Community Living Victoria 3861 Cedar Hill Cross Rd
Mar 24	6:30 - 8:30pm	South Island Dispute Resolution Centre 102-2220 Sooke Road

### Upcoming Training:

April 12 and 28	Rights of Persons Served <i>(to be confirmed)</i>
May 10 and 26	Emergency Response <i>(to be confirmed)</i>

## Team Meetings

**Weekly team meetings are as follows:**

Thursday	9:30am - 11:30am	Youth Services
Thursday	1:00pm - 3:00pm	Child Protection

## Upcoming Training and Event Schedule

<u>Date</u>	<u>Time</u>	<u>Location</u>	<u>Training/Event</u>
March 10, 2011	11:30 - 12:30pm	CAFCA Office	Duty to Report
April 14, 2010		CAFCA Office	Behaviour Management/ Restrictive Behaviours

## Message from the Executive Director

By Brian Hill

### CAFCA and Phoenix Explore Merger

It is with mixed emotions, that I announce that CAFCA and Phoenix Human Services Association have begun to explore a merger. After a positive initial meeting between the board chairs and executive directors of CAFCA and Phoenix, CAFCA's board of directions decided on February 21 that CAFCA will seek to join with Phoenix by September 30, 2011. I am very happy that CAFCA's positive relationship with and respect for Phoenix makes the exploration of a merger possible, and I am excited about the potential for a stronger organization that can result from coming together. I am saddened because financial challenges at CAFCA have resulted in a tight timeline for a merger and plans for dissolution of CAFCA after transferring service contracts, service staff, assets and liabilities to Phoenix through the proposed merger. With a 49% reduction in revenue from contracts with the Ministry of Children and Family Development, CAFCA is no longer viable in a form that would enable us to deliver the high quality of services that we are committed to. CAFCA's goals in seeking a merger with Phoenix are to create a strong organization that has the capacity to provide leadership for services to children, youth and families, to maintain continuity of service to children, youth and families, and to maintain employment for as many CAFCA staff as possible. CAFCA and Phoenix have notified the Ministry of Children and Family Development of their exploration of a merger and will meet with Ministry staff to clarify issues and processes related to the proposed transfer of MCFD contracts from CAFCA to Phoenix. CAFCA and Phoenix will also meet with BCGEU to clarify the process of transfer of CAFCA staff to Phoenix.

I am very proud of the organization that the CAFCA community has created through 25 years of service to children, youth and families. It is this culture of service that has guided CAFCA staff and board in making difficult decisions with the interests of present and future clients and the broader community in mind. I hope that our exploration of merger with Phoenix Human Services is successful because it will enable skilled CAFCA staff, the wonderful CAFCA spirit and resources attached to CAFCA contracts to join with another organization that shares the same goals of service to children, youth and families. Finally I would like to thank our community partners for their support and understanding in these challenging times. Thanks.

### Your Health and Safety Committee Members

**Union Reps**  
Gerry Karagianis

**Alternate**  
David Fulkco

**Employer Reps**  
Elaine van Niekerk  
Brian Hill



## Happy Birthday!!



It's a new month, which means more CAFCA employee and board member birthdays. Please wish them a happy birthday on their special day.

**March 6**  
Natalie Turpin

**March 7**  
Beth Leghorn

**March 13**  
Julie Lafontaine

**March 23**  
David Fainstein

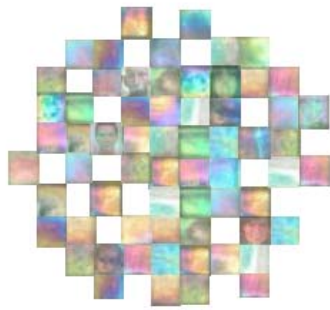
**March 25**  
Sybille Prochaska

We apologize to  
Caroline Moore for  
missing her  
birthday on  
February 11...  
Happy Belated  
Birthday Caroline!

Submissions for the  
April 2011 Newsletter must  
be in by  
February 16, 2011

Submissions can be faxed or  
emailed to  
[administration@cafca.ca](mailto:administration@cafca.ca)  
250-595-7318

Please phone 250-595-4423  
for further information.



# SITI CONFERENCE 2011

April 26 & 27

At the University of Victoria,  
Victoria, BC

A two-day training conference  
for community social service providers

*Every Piece Matters*  
*Building a Vibrant Community Mosaic*



On April 26 and 27, 2011, please join the South Island Training Initiative Society and the University of Victoria's School of Child and Youth Care at the 6th annual SITI training conference, "Every Piece Matters: Building a Vibrant Community Mosaic".

Each year, the SITI conference offers a range of inspiring sessions to equip social service practitioners with effective tools, collaborative systems and innovative strategies to help them in their important work – not to mention some great networking opportunities.

**Key themes at our 2011 conference include:**

- Collaborative process;
- Mental health and addictions;
- Coaching and mentoring;
- Family counselling and family/parenting work;
- Engaging resistant clients.



**Dr. Gabor Maté**  
Author and staff physician at the Portland Hotel, a residence and resource centre for the people of Vancouver's Downtown Eastside

**Conference speakers will include:**

- Keynote speaker **Dr. Gabor Maté**, author of *In The Realm of Hungry Ghosts: Close Encounters With Addiction*;
- **Andrea Harstone** and **Sharon van Volkingburgh**, who focus on working with families with parental mental illness;
- **Kevin Looysen** from the Ministry of Child and Family Development, on Family Case Planning Conferencing
- **Lori Rock** and **Judy Simonett**, presenting two advanced sessions on the assessment and treatment of concurrent disorders;
- And more – visit [www.siticonference.ca](http://www.siticonference.ca) for a full program outline and to register.

We welcome staff from the seven SITI member groups, social service providers and community workers from non-member organizations, as well as ministry staff and post-secondary instructors and students.



For more information, please contact: Patty Loveridge, SITI Conference Coordinator  
Tel: 250-294-0381, [info@siticonference.ca](mailto:info@siticonference.ca), [www.siticonference.ca](http://www.siticonference.ca)



IFCO

## 2011 World Conference

*Fostering Hope ...  
Together, we can  
make a difference*



IFCO 2011—International Foster Care Organisation  
XVII Biennial World Conference—July 10th to 15th  
Victoria, British Columbia, Canada

Toll free 1-888-922-8437 / [www.ifco2011.com](http://www.ifco2011.com)

## Social Group Staff Substitution

Whilst acknowledging staff considerations, client's well-being must be paramount, when considering a substitution.

If staff members require substitution for 20% or more of group sessions they should reconsider applying for the role.

Procedure:

1. Staff members must notify the Program Coordinator or Executive Director of any need to sub out of any group session **as soon as they know** of any sessions they are unavailable for. This is **especially** important in case of accident or emergency where proximity to the session is limited.
2. Staff members should have a valid reason for requesting a substitution. The request must be approved before confirming a staff absence.
3. Staff members are responsible for finding a substitution staff member and, if approved by the Program Coordinator or Executive Director, are required to supply them with a copy of the client hot sheets (including Emergency Response Plans) prior to the session(s). The Program Coordinator or Executive Director will approve the substitution's suitability as a component of approving any absence.



University  
of Victoria

### When, What, Who, Why, and How of Disability and Self-advocacy

March 16, 2011 Noon-1:00 p.m. in the Harry Hickman Building, Room 110

Panelists: Gordon Argyle, Facilities Management; Kyla Berry, UVic Alumni; Hua Lin, Professor, Linguistics, Cindy Player, EQHR moderated by Grace Wong Sneddon, VPAC

Self-advocacy refers to taking action on one's own behalf. Join us for an interactive discussion of the roles, responsibilities, and challenges of self-advocacy as it relates to physical, mental, chronic and episodic disabilities. This topic is relevant to those who are in the position of having to self-advocate and equally applicable to those in a helping and supportive role. This is an opportunity to hear about experiences, share strategies and good practices to navigate a myriad of systems and to learn about resources.

Bring your lunch. Coffee, tea and cookies will be available.

## TAP into UVic for Students & Parents Transition & Planning for Students with a Disability

### UVic's Resource Centre for Students with a Disability hosts transition and planning events.

Learn about the opportunities, requirements, and supports available to students with a disability. The intention is to improve the success rate of students with an LD and/or ADHD as they transition to UVic. Please visit our website for more details and to register: [www.rcsd.uvic.ca/services/tap/index.html](http://www.rcsd.uvic.ca/services/tap/index.html)

**Who:** High school students with a disability who are interested in attending UVic

**When:** Saturday March 12, 2011  
10:00 am - 2:00 pm

**Where:** University of Victoria  
Harry Hickman Building

**How:** Register online at [www.rcsd.uvic.ca/services/tap/index.html](http://www.rcsd.uvic.ca/services/tap/index.html)

Contact Kiku Tupper ([kiku@uvic.ca](mailto:kiku@uvic.ca)) or Roslyn Gaetz ([rgaetz@uvic.ca](mailto:rgaetz@uvic.ca)) with questions

## The Victoria Society for Children with Autism presents The Greater Victoria Autism Resource Fair

You are invited to join us for a very unique event. The Greater Victoria Autism Resource Fair invites parents and professionals to come and learn about the wide variety of autism services and products that the Greater Victoria area has to offer.

Admission is free!

There will be speakers throughout the day presenting on many different topics.

Your children are welcome! There will be a small children's area where you can try out some toys and have your face painted.

The Victoria Society for Children with Autism understands that researching and finding out about the services and products available to children with autism can be a daunting task. With this in mind, we hope that this event will make that task easier. It will also be a wonderful chance to meet others who are going through similar challenges in a welcoming, friendly atmosphere.

So please join us for this amazing event!

**Saturday March 5th**

**10am-4pm**

**Ambrosia Event Centre**

**638 Fisgard St.**

For more information please contact us at [vscaresourcefair@gmail.com](mailto:vscaresourcefair@gmail.com)

Victoria Society for Children with Autism  
[www.victoriaautismsociety.com](http://www.victoriaautismsociety.com)



## Mark Your Calendar - April 17th, 2011

On April 17th hundreds of walkers from across the region will gather to show their support and raise funds for individuals with autism. This year's walk includes team events and a 10K fun run in addition to the family 5K walk.

Packages are being sent out to all of our local schools inviting them to participate by entering a team. In addition, Team Mosaic is welcoming team members, please call or email Mosaic to join us. Walk information and registration forms are available at [www.victoriaautismwalk.com](http://www.victoriaautismwalk.com).

In a fund raising effort  
Sooke Options For Community Living Association is pleased to present:

### **Hypnotic Illusions Show!!!**

<http://hypnoticillusions.com/>

When: March 19, 2011  
Doors open: 6:30 PM Show: 7:00–9:30 PM

Where: Edward Milne Community Theatre,  
6218 Sooke Rd, Sooke, BC

Cost: \$25.00 in advance and \$30 at the door  
Tickets are available at various Sooke locations including Shopper Drug Mart, Pemberton Homes Offices, H&R Block, or call SOCLA at (250)589-2299 for more locations

**Mental illness and recovery** – is it possible? Many wonder if it is indeed possible for a person living with mental illness to accomplish goals, reconnect with self and others, and recapture meaning and purpose in life.

Your Recovery Journey is based on the experiences of people who have a mental illness and who know where is hope, who are well and doing the things they want with their lives.

The program offers ten free interactive weekly sessions, each ninety minutes long, and all facilitated by people in recovery who can give you valuable information that will help you on your recovery journey.

You'll also learn how to find peer support and build new life skills.

**Come learn more about recovery and how you can live beyond mental illness!**

**British Columbia Schizophrenia Society, Victoria Branch** is hosting the next group

Sessions start: **March 2011**

Call **(250) 384-4225** or email [admin.bcscs@shaw.ca](mailto:admin.bcscs@shaw.ca) to register or for more information.



# CAFCA Timesheet Schedule

## FOR ALL SERVICES

\*\* Note: Client Logs are only due for Autism Services

## AUTISM SERVICES ONLY

## FOR ALL

Payroll Number	Timesheet and Client Log due dates	Pay Period Covers (Including km's and Expenses)	Quarterly Report due date	Dates covered by Quarterly report	Payday
<b>2011</b>					
5	4 Mar	21 Feb - 6 Mar			10 Mar
6	18 Mar	7 Mar - 20 Mar			24 Mar
7	1 Apr	21 Mar - 3 Apr			7 Apr
8	15 Apr	4 Apr - 17 Apr			21 Apr
9	29 Apr	18 Apr - 1 May	7 Apr	1 Jan - 31 Mar	5 May
10	13 May	2 May - 15 May			19 May
11	27 May	16 May - 29 May			2 Jun

### Greater Victoria Child and Family Counselling Association (CAFCA)

Suite 5 - 230 Menzies St  
 Victoria, BC V8V 2G7  
 Phone: 250-595-4423  
 Fax: 250-595-7318  
 Email: mail@cafca.ca  
 Website: www.cafca.ca



Accredited by the Council on Accreditation

### Donations Accepted

If you would like to make a tax-deductible donation, please complete the section below. Mail your completed form with your donation to:

Child and Family Counselling Association  
 Suite 5-230 Menzies Street  
 Victoria, BC V8V 2G7

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Email address: \_\_\_\_\_

Enclosed donation amount: \$ \_\_\_\_\_

### Want to Become a Member of CAFCA?

If you would like to become a member of CAFCA, please complete the section below, mail it to CAFCA and we will send you a membership application to complete. The membership fee is \$5 per year.

Mail to:

Child and Family Counselling Association  
 Suite 5-230 Menzies Street  
 Victoria, BC V8V 2G7

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Email address: \_\_\_\_\_